



Holiday Warmth

Hot Stone Therapy Treatment
30 Minute Foot Massage
30 Minute Hand Massage
10 Minute Lavender Scalp Massage
Special: \$240.00

Heated Hearth

90 Minute Deep Tissue Thermal Massage
30 Minute Aroma-Scalp Treatment
Peppermint Pedi Foot Treatment
Special: \$215.00

Home For The Holidays

30 Minute Swedish Massage
Raindrop Therapy
30 Minute Aroma-Scalp Treatment
Special: \$175.00

Holiday Spirit

45 Minute Reiki Treatment
30 Minute Swedish Massage
30 Minute Aroma-Scalp Treatment
Special: \$135.00

BALANCE FOR LIFE
MIND, BODY & SOUL HEALING
631.736.9999

Winter Holiday Packages

Bells & Whistles

90 Minute Swedish Massage
30 Minute Pumpkin Facial Massage
30 Minute Aroma-Scalp Treatment
30 Minute Foot Massage
Paraffin Hand & Foot Treatment
Special: \$245.00

Holiday Cheer

90 Minute Hot Cocoa Stone Massage
45 Minute Foot Reflexology
30 Minute Aroma-Scalp Treatment
Facial Clay Mask Treatment
Special: \$270.00

Asian Traditions

45 Minute Ear Candling Session
90 Minute Herbal Thai Ball Massage
Special: \$160.00

Mini Spa

30 Minute Swedish Massage
30 Minute Facial Massage
30 Minute Foot Massage
Paraffin Wax Hand/Foot Treatment
Special: \$150.00

